

BACHELOR OF SCIENCE IN KINESIOLOGY: PRE-ATHLETIC TRAINING

Total Hrs: 120

FRESHMAN YEAR

DEPT	COURSE NAME	CREDIT HRS		DEPT	COURSE NAME	CREDIT HRS
Institutional Course	Student Success [Area B]	1		ENG 102	Rhetoric and Literature [Area A1]	3
ENG 101	Writing and Rhetoric [Area A1]	3		PSY 201	Social Science Course [Area E]	3
MTH 102	Quantitative Skills [Area A2]	3		BIO 230	Medical Terminology	3
KINS 100	Introduction to Sport & Exercise Science	3		BIO 101	Core Elective [Area F]	3
CHM 111	Lab Science [Area D]	3		BIO 101L	Core Elective	1
CHM 111L	Lab Science [Area D]	1		OPTION	CHR 100/CHR110 [Area B]	3
	TOTAL	14			TOTAL	16

SOPHOMORE YEAR

DEPT	COURSE NAME	CREDIT HRS		DEPT	COURSE NAME	CREDIT HRS
MTH 111	Precalculus	3		MTH 104	Elementary Statistics	3
BIO 202	Human Anatomy & Physiology I	4		BIO 203	Human Anatomy & Physiology II	4
OPTION	HIS 151 or HIS 152 [Area E]	3		OPTION	History Course 2 [Area E]	3
OPTION	Fine Art, Language, or Culture [Area C]	3		OPTION	Literature [Area C]	3
OPTION	CHR 101/CHR 102 [Area B]	3				
	TOTAL	16			TOTAL	13

JUNIOR YEAR

DEPT	COURSE NAME	CREDIT HRS		DEPT	COURSE NAME	CREDIT HRS
PHY 201	General Physics I	4		KINS 375	Exercise Prescription & Implementation	3
PE 427	Motor Learning	3		KINS 325	Strength Training Methods	3
PE 309	Prevention and Care of Exercise Related Injuries	3		PE 310	Fitness and Research Testing	3
OPTION	PSY 202, 403	3		HEA 300	Sport and Fitness Nutrition	3
OPTION	PE 207, 208 or 209	3		OPTION	PE/PSY/KINS Elective	3
	TOTAL	16			TOTAL	15

SENIOR YEAR

DEPT	COURSE NAME	CREDIT HRS		DEPT	COURSE NAME	CREDIT HRS
HEA 211	First Aid, Safety, and CPR [Area B]	2		KINS 410	Sport Biomechanics	4
KINS 425	Exercise Physiology	3		KINS 420	Anatomical Kinesiology	3
KINS 451	Research Methods in Kinesiology	3		KINS 452	Kinesiology Seminar	3
PE 450	Internship with a certified AT	3		OPTION	PE/PSY/KINS Elective (300-400 level)	3
OPTION	PE/PSY/KINS Elective (300-400 level)	3		OPTION	General Elective	3
	TOTAL	14			TOTAL	16